DOWN SYNDROME AWARENESS WEEK 20th - 25th March

Down Syndrome Awareness week takes place this time from 20th to the 25th March and World Down Syndrome Day on the Tuesday the 21st March 2023

We would love you to get involved in Down syndrome Awareness Week this year to raise awareness of Down syndrome and raise funds for Bromley DSSG.

Here are a few ways you can get involved to help raise money and awareness, Lots of Socks – Raise awareness by wearing your lots of odd socks and posting your pictures on social media using the hashtags #LotsofSocks #WDSD2023 Don't forget to tag us in too! On facebook, Bromley DSSG our public social media page.

Official socks can be purchased

from https://www.downs-syndrome.org.uk/product/lots-of-socks/ but you can wear whatever odd socks you like!

Alternatively, hold a coffee morning at your workplace, school, local community centre or even your home in return for donations. We all love a coffee and a good chat over a slice of cake!

Celebrate with us, have great fun fundraising whilst raising awareness of Down Syndrome in your local area, we can even send you a sponsorship form if you would like to raise money with some exciting activity.

This is a very special year for our community with the DS law being passed, real changes for our families for a brighter future!

If you have any questions please contact <u>bromleydssg@gmail.com</u>

To donate any funds raised: Registered Charity number is 1193050 Bank details are CAF bank Account number 00034401 Sort code 405240 Please contact us and let us know how much you have raised so we can thank you personally.

Enjoy and have fun all week and especially on the 21st March 2023

If you would like a visit from our Trustee's for an assembly specifically on down syndrome, please send us an email and we will get back to you with further details.